

TORBAY HOSPITAL



Installed: June 2014

Profile: Early rehabilitation following surgery or injury. Overweight patients to experience exercising at their target weight.

Client

Mark Maxwell and Emily Lovell, Physiotherapy Department, Torbay Hospital

Applications

A huge number of patients have benefited from using the treadmill. It's regularly used for much earlier rehabilitation of patients with reduced weight-bearing following an operation, or injury and other CRPS related problems. Uniquely, it also gives overweight patients the opportunity to experience how weight loss can reduce their pain. The Anti-Gravity Treadmill was donated to Torbay Hospital by its League of Friends charity.

Benefits

The Anti-Gravity Treadmill is an excellent alternative to hydrotherapy and allows the Physiotherapists to give earlier rehabilitation to patients, including those under investigation, to maintain their muscle strength and CV fitness. Physiotherapists have reported that patients have responded well, gaining confidence with a surprisingly good carry over once off the machine. A large number of patients feel that they are able to walk

'normally' sometimes for the first time in many years and without any gait re-education.

Testimonial

"The use of AlterG Anti-Gravity Treadmills by top athletes is interesting. But the most compelling thing about their products is the huge ramification for the elderly and the obese. My mother died in late 2010 from complications of pulmonary disease, and I saw the cascading effects that a life of inactivity can cause. So, it's a completely unique company in serving not only world-class athletes, but also those who need a safe environment to regain or retain mobility"

From one of many patients that have benefited

"The Anti-Gravity Treadmill is having a very positive effect on our patients both physically and psychologically. I would definitely recommend the treadmill to any hospital or Physiotherapy practice"

Mark Maxwell, Physiotherapy Department, Torbay Hospital



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