

HARBOUR HOSPITAL POOLE



Installed: January 2014

Profile: Rehabilitation for patients following hip and knee surgery

Client

Johnathan Swan, Physiotherapy Manager BMI The Harbour Hospital Poole

Applications

The treadmill is regularly used by patients with a variety of conditions including knee and hip arthritis, knee and hip replacement rehabilitation and those recovering from sports injuries or foot and ankle pain.

Benefits

Working on the treadmill increases patient's confidence, their walking technique and challenges them in their rehabilitation. The treadmill allows Physiotherapists to reduce the load going through the patient's leg, muscles and tendons by promoting a normal walking or running pattern. Patients are able to walk on the machine just two days after hip or knee surgery with no crutches which is of huge value in terms of speeding up recovery time.

The revenue at the facility has increased since the installation of the Anti-Gravity Treadmill. It is hard to tell how much the treadmill has specifically contributed but it's definitely helped.

Testimonial

"The use of AlterG Anti-Gravity Treadmills by top athletes is interesting. But the most compelling thing about their products is the huge ramification for the elderly and the obese. My mother died in late 2010 from complications of pulmonary disease, and I saw the cascading effects that a life of inactivity can cause. So, it's a completely unique company in serving not only world-class athletes, but also those who need a safe environment to regain or retain mobility"

From one of many patients that have benefited

"Since installing the treadmill we have noticed huge benefits to our patients. We found that there were stages of rehabilitation (early post fracture for example) where we couldn't progress the patient as much as we would have liked because we didn't want to overload the body. We can now do this gradually and effectively on the Anti-Gravity Treadmill"

Johnathan Swan, Physiotherapy Manager, BMI The Harbour Hospital Poole



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