

ALTERG QUICK START GUIDE

START

START SESSION

Tap **START SESSION**

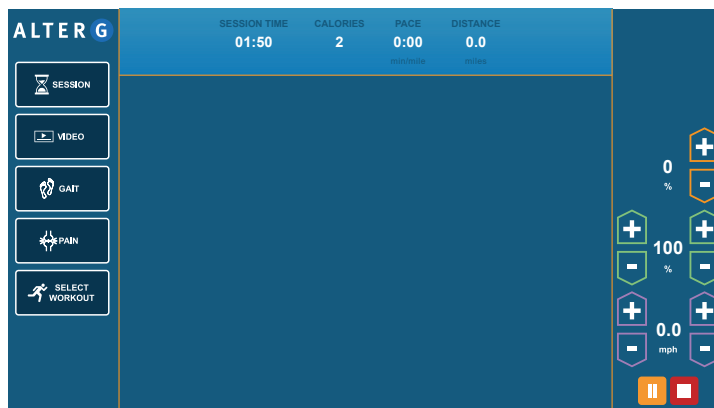
START CALIBRATION

Tap **START CALIBRATION** and stand with arms folded

START SESSION

When calibration is complete, tap **START SESSION**

ADJUST



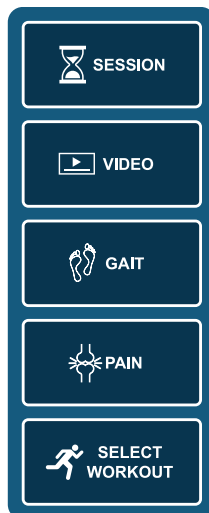
Workout session information

Adjust incline

Adjust body weight

Adjust speed

ACTIONS



If the Video, Gait, Pain, or AlterG Assistant screen is displayed, tap **SESSION** to display the session screen (shown above)

Tap **VIDEO** to start video recording of the user's feet movement on the treadmill

Tap **GAIT** to open the gait analytics screen, which provides graphical feedback on the user's steps per minute, step length and stance time, and percentage of weight load on each side

Tap **PAIN** to open the Pain screen, which allows the user to rate their degree of pain

Tap **SELECT WORKOUT** to open AlterG Assistant. You can choose to use either the available pre-programmed workouts or custom workouts

PAUSE/STOP



Tap **PAUSE** to pause the workout session. Tap it again to resume the session



Tap **STOP** to end the workout session

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EMERGENCY EXTRACTION PROTOCOLS

Before using the Anti-Gravity Treadmill, read the entire User Manual, which can be obtained at alterg.com or by contacting the AlterG Service Department at +1.510.270-5900.

In the unlikely event that a patient becomes immobilized in the Anti-Gravity Treadmill, please refer to the urgent steps below to secure the situation before calling +1510.270.5900 or referring to alterg.com or the User Manual for more detailed instructions and next steps.

IMPORTANT NOTES:

1. Do not unlock the cockpit until you read further.
2. The treadmill belt on the Via series does not lock in place, so secure it by holding your foot against it at the rear of the treadmill

EMERGENCY SCENARIOS

There are two likely scenarios in which a patient may require urgent help with getting out of the Anti-Gravity Treadmill:

SCENARIO 1

The patient falls or becomes fatigued to the point of inability to exit the treadmill before the air chamber is inflated with air.

- Option 1: If the patient can stand, stop the treadmill and secure the belt with your foot. Help the patient exit the treadmill.
- Option 2: Prevent the belt from moving by securing it with your foot. Remove the bag rods at the treadmill base.
- Option 3: Prevent the belt from moving by securing it with your foot. Cut the air chamber and help the patient exit the treadmill.



SCENARIO 2

The patient becomes fatigued to the point of inability to exit the treadmill after the air chamber is inflated.

Reduce the body weight percentage to less than 40% and have the patient sit down in place until they re-gain their strength and are able to exit on their own.



WE HELP PEOPLE TO GET MOVING

SportsMed Products Ltd is dedicated to getting people moving. We are constantly researching what is new in the market and always looking to uncover new technologies that will help people to recover from injuries or to perform better.

Exclusive distributors of AlterG, as well as many other innovative products to improve fitness, health and recovery, we bring an outstanding service for our customers.